

MUNCHIES (50 - 1300 Calories)	Total Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
FRENCH FRIES	440	220	25	4	0	0	80	53	3	3	5
CHEESE SAUCE (2 OUNCES)	80	45	5	1.5	0	5	390	7	0	0	1
CHEESE SAUCE (3 OUNCES)	150	100	11	5	--	25	700	6	0	0	6
CONEY FRIES	760	450	51	18	0	45	1300	66	5	3	21
BAKED POTATO	280	150	17	1.1	0	50	170	32	2	7	6
LOADED BAKED POTATO	670	440	49	28	0	155	920	34	2	7	31
SEASONED TWISTER FRIES	550	310	36	8	0	0	1130	54	5	3	5
ONION RINGS	600	340	38	9	0	0	720	61	5	13	5
POTATO SKINS	900	560	62	34	0	190	1560	48	5	8	43
MOZZARELLA CHEESE STICKS (5 EACH)	470	260	29	10	0	50	1500	35	5	0	20
MOZZARELLA CHEESE STICKS (8 EACH)	680	340	38	15	0	80	2400	56	8	0	32
JALAPENO POPPERS (5 EACH)	490	330	37	11	0	40	680	37	2	3	7
JALAPENO POPPERS (8 EACH)	710	460	51	16	0	65	1090	59	3	5	11
SWEET POTATO FRIES	520	240	27	7	--	0	890	62	5	3	5
CHEESE NACHOS	530	250	28	2	0	5	990	61	3	0	7
CHILI AND CHEESE NACHOS	730	400	44	11	0	25	1510	71	5	0	17
NACHOS SUPREME	1300	770	85	27	0	150	3050	99	14	15	49
CHICKEN WINGS (5 EACH)	600	360	40	12	0	250	2030	20	0	0	40
CHICKEN WINGS (7 EACH)	840	500	56	16	0	350	2850	28	0	0	56
BUFFALO WINGS (5 EACH)	630	370	42	12	0	250	3370	23	0	0	40
BUFFALO WINGS (7 EACH)	890	530	58	16	0	350	4850	33	0	0	56
CHICKEN FINGERS (4 EACH)	400	220	24	4.5	0	55	1010	23	1	0	20
CHICKEN FINGERS (6 EACH)	600	320	36	7	0	80	1520	34	2	0	30
CHEESE QUESADILLA	930	440	49	26	0	150	1820	68	2	8	44
CHEESE AND CHICKEN QUESADILLA	1100	490	55	27	0	225	2330	69	2	8	74
HUMMUS	610	200	22	4.5	0	0	1230	72	15	3	26
CHICKEN NUGGETS (9 EACH)	450	260	29	5	0	60	1130	26	2	0	24
STACKED FRIES	1240	750	84	31	0	175	2340	71	6	6	59
BLUE CHEESE DRESSING (3 OUNCES)	410	390	43	7	1	25	550	4	0	3	1
RANCH (3 OUNCES)	300	280	31	7	0	20	630	5	0	0	2
BUFFALO SAUCE (3 OUNCES)	50	20	2.5	--	--	--	2000	5	--	--	--
SOUPS (140 - 650 Calories)	Total Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
LEMON RICE SOUP (8 OUNCE CUP)	140	50	6	1	0	5	50	19	0	0	3
LEMON RICE SOUP (12 OUNCE BOWL)	220	80	10	1.5	0	5	75	28	1	0	5
LEMON RICE SOUP (1 QUART)	650	250	29	4	0	15	220	84	2	1	15
SALADS (50 - 1540 Calories)	Total Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
COTTAGE CHEESE	240	80	9	6	0	60	820	9	0	9	28
COTTAGE CHEESE WITH PEACHES	290	80	9	6	0	60	830	21	0	21	28
TUNA SALAD (SMALL)	300	130	15	3.5	0	190	430	5	1	2	35
TUNA SALAD (MEDIUM)	310	130	15	3.5	0	190	440	7	1	3	36
TACO SALAD	1160	590	66	26	0	210	1410	66	8	7	69
LEO'S FAMOUS GREEK SALAD (MINI, NO DRESSING)	190	80	9	5	0	30	970	16	5	7	14
LEO'S FAMOUS GREEK SALAD (SMALL, NO DRESSING)	370	160	18	10	0	60	1930	30	9	14	26
LEO'S FAMOUS GREEK SALAD (MEDIUM, NO DRESSING)	550	240	27	15	0	90	2890	44	13	21	40
LEO'S FAMOUS GREEK SALAD (LARGE, NO DRESSING)	760	330	37	21	0	120	3930	64	19	31	54
ANTIPASTO SALAD (SMALL, NO DRESSING)	390	210	23	11	0	245	1600	14	6	7	35
ANTIPASTO SALAD (MEDIUM, NO DRESSING)	420	210	23	11	0	245	1610	19	8	9	36
TOSSED SALAD (SMALL, NO DRESSING)	50	5	1	0	0	0	20	11	5	4	3
TOSSED SALAD (MEDIUM, NO DRESSING)	80	10	1	0	0	0	30	17	8	7	5
CHICKEN BREAST	210	70	8	1.5	0	90	600	1	0	0	35
SIDE OF FETA	180	110	12	8	0	45	1120	3	0	0	15
SIDE OF HUMMUS	140	70	8	1	0	0	320	12	5	--	7
SIDE OF GRECIAN PITA	230	--	--	1	--	--	370	40	1	3	8
CHICKEN FINGER SALAD (SMALL, NO DRESSING)	760	450	50	20	0	295	1390	34	7	6	46
CHICKEN FINGER SALAD (MEDIUM, NO DRESSING)	780	450	51	20	0	295	1400	37	9	8	47
CHEF'S SALAD (SMALL, NO DRESSING)	370	170	19	9	0	250	1780	12	5	6	38
CHEF'S SALAD (MEDIUM, NO DRESSING)	390	170	19	9	0	250	1790	16	8	7	39
TURKEY SALAD (SMALL, NO DRESSING)	130	20	2.5	0	0	40	810	13	6	5	17
TURKEY SALAD (MEDIUM, NO DRESSING)	160	25	3	0	0	40	820	18	8	7	19
MICHIGAN SALAD (SMALL, NO DRESSING)	1020	510	57	15	0	60	1000	88	12	60	41
MICHIGAN SALAD (MEDIUM, NO DRESSING)	1540	770	85	23	0	90	1500	135	18	92	61
CAESAR SALAD (SMALL, NO DRESSING)	280	150	17	9	0	50	1060	16	5	3	19
CAESAR SALAD (MEDIUM, NO DRESSING)	430	230	25	13	0.5	75	1590	24	7	4	29
COBB SALAD (SMALL, NO DRESSING)	1150	730	81	34	0	395	3200	25	13	10	87
COBB SALAD (MEDIUM, NO DRESSING)	1510	970	108	48	0	465	4470	32	15	14	110
GARDEN SALAD (SMALL, NO DRESSING)	820	580	64	26	0	150	1560	23	12	5	43
GARDEN SALAD (MEDIUM, NO DRESSING)	1310	930	103	45	0	270	2610	30	15	7	75
VILLAGE SALAD (SMALL, NO DRESSING)	360	160	18	10	0	60	1900	29	6	15	25
VILLAGE SALAD (MEDIUM, NO DRESSING)	540	240	26	15	0	90	2860	44	9	22	37
VILLAGE SALAD (LARGE, NO DRESSING)	730	320	35	21	0	120	3820	59	12	30	49
GRILLED CHICKEN SALAD (SMALL, NO DRESSING)	600	340	38	18	0	315	1030	17	6	6	54
GRILLED CHICKEN SALAD (MEDIUM, NO DRESSING)	620	340	38	18	0	315	1040	21	9	8	56
GYRO MEAT	180	180	44	18	0	90	850	10	0	0	21
SIDE OF PITA	90	--	--	--	--	--	190	18	1	1	3
COLESLAW (CUP)	350	200	22	3.5	0	10	460	34	4	28	2
COLESLAW (BOWL)	520	300	34	5	0	15	690	51	6	41	3
TZADZIKI (CUP)	250	200	22	10	0	45	350	7	0	4	7
TZADZIKI (SIDE)	90	70	8	3.5	0	15	130	3	0	1	3
BLUE CHEESE DRESSING (3 OUNCES)	410	390	43	7	1	25	550	4	0	3	1
CAESAR DRESSING (3 OUNCES)	410	370	41	7	0	45	970	9	0	3	3
FRENCH DRESSING (3 OUNCES)	280	160	18	2.5	0	0	730	33	0	33	0
GREEK DRESSING (3 OUNCES)	400	360	40	7	--	0	240	11	0	3	0
KEN'S ITALIAN DRESSING (3 OUNCES)	340	310	34	6	0	0	770	6	0	6	0
LITE GREEK DRESSING (3 OUNCES)	90	60	7	1.5	0	15	310	6	0	3	0
RANCH DRESSING (3 OUNCES)	300	280	31	7	0	20	630	5	0	0	2
RASPBERRY VINAIGRETTE DRESSING (3 OUNCES)	340	310	34	4.5	--	--	260	14	--	14	--

THOUSAND ISLAND DRESSING (3 OUNCES)	340	280	31	6	0	45	770	14	0	9	0
CONEY SPECIALS (10 - 1340 Cals)	Total Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
CONEY ISLAND DOG	450	300	33	15	0	50	1460	22	3	3	18
CHEESE SAUCE (2 OUNCES)	80	45	5	1.5	0	5	390	7	0	0	1
PLAIN HOT DOG	230	140	16	6	0	30	670	10	0	1	8
PLAIN KOSHER DOG	230	140	16	7	0	30	620	10	0	1	9
KOSHER CONEY ISLAND DOG	440	290	32	16	0	50	1360	23	3	3	19
CHICAGO DOG	330	150	17	6	0	30	2420	33	3	5	10
NEW YORK DOG	250	140	16	7	0	30	1330	14	3	1	9
LOOSE HAMBURGER	530	290	33	15	0	115	920	23	3	2	40
SPECIAL CONEY ISLAND DOG	660	410	45	20	0	125	1530	23	3	3	40
TWO CONEYS WITH FRIES (NO DRINK)	1340	810	91	35	0	105	2990	98	8	9	42
ONE CONEY WITH FRIES (NO DRINK)	890	510	58	19	0	50	1540	76	5	6	24
COKE (24 OUNCES)	280	0	0	0	0	0	90	78	0	78	0
LEO'S FAMOUS GREEK SALAD (MINI, NO DRESSING)	190	80	9	5	0	30	970	16	5	7	14
CHILI FRIES	610	350	39	13	0	20	600	60	5	3	15
ADD ONION	10	0	0	0	0	0	0	3	0	1	0
LEO'S CONEY ISLAND CHILI (1 QUART)	780	560	62	35	0	80	2050	39	8	0	39
ADD BEANS	60	0	0	0	0	0	250	11	4	0	4
LEO'S SUPER CHILI	710	420	47	25	0	115	1120	41	3	1	37
CHILI SPECIAL (CUP)	510	320	36	18	0	100	830	18	3	1	36
CHILI SPECIAL (BOWL)	650	430	47	24	0	115	1210	25	5	1	43
LEO'S CONEY ISLAND CHILI (CUP)	290	210	23	13	0	30	760	15	3	0	15
LEO'S CONEY ISLAND CHILI (BOWL)	440	310	35	20	0	45	1140	22	4	0	22
GREEK SPECIALTIES (170 - 750 Cals)	Total Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
SAGANAKI KASSERI CHEESE	330	240	27	18	--	90	840	3	0	3	18
GYRO SANDWICH (SANDWICH ONLY)	520	250	52	22	0	105	1360	56	2	7	32
CHICKEN GYRO SANDWICH (SANDWICH ONLY)	380	170	19	6	0	135	940	6	1	3	50
GYRO MEAT (5 OUNCES)	180	180	44	18	0	90	850	10	0	0	21
CHICKEN GYRO MEAT	210	70	8	1.5	0	90	600	1	0	0	35
PASTITSIO	750	320	36	13	0	125	210	62	4	12	42
MOUSAKA	580	320	36	13	0	125	210	29	4	15	37
SIDE OF RICE	170	5	0.5	0	0	0	1800	35	0	1	3
LEO'S FAMOUS GREEK SALAD (MINI, NO DRESSING)	190	80	9	5	0	30	970	16	5	7	14
FRENCH FRIES	440	220	25	4	0	0	80	53	3	3	5
DOUBLE MEAT KEBOB	630	270	30	10	0	185	1280	32	8	20	67
CHICKEN KEBOBS	320	130	15	5	0	90	640	16	4	10	33
SIDE OF GRECIAN PITA	230	--	--	1	--	--	370	40	1	3	8
SPINACH PIE	550	220	24	15	0	140	2300	41	6	7	38
PITAS (140 - 730 Cals)	Total Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
BLT PITA	320	160	18	7	0	50	1010	20	2	2	18
EGG SALAD PITA (FULL ORDER)	270	90	10	2	0	5	510	23	2	2	20
EGG SALAD PITA (HALF ORDER)	140	45	5	1	0	0	260	11	1	1	10
TUNA PITA (FULL ORDER)	320	100	11	2	0	25	570	21	2	2	32
TUNA PITA (HALF ORDER)	160	50	5	1	0	10	280	11	1	1	16
GRILLED CHEESE PITA	230	90	10	6	0	30	790	18	1	1	11
GRILLED HAM AND CHEESE PITA	320	120	13	7	0	60	1520	19	1	2	24
BUFFALO CHICKEN FINGER PITA	730	400	44	19	0	100	3440	43	3	5	37
CHICKEN FINGER PITA	540	260	28	10	0	75	1540	37	3	2	28
TACO PITA	650	340	38	17	0	165	630	26	2	5	49
VEGETARIAN PITA	390	180	21	11	0	60	1510	30	3	7	22
TURKEY PITA	270	110	13	2	0	45	1050	22	2	2	17
HAMBURGER PITA	460	200	22	8	0	125	320	21	2	2	41
FAVORITES (90 - 1300 Cals)	Total Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
SHRIMP IN A BASKET DINNER	620	220	26	4	0	65	880	85	4	4	15
FISH AND CHIPS (2 PIECE)	910	370	42	7	0	105	2320	69	3	25	33
FISH AND CHIPS (3 PIECE)	1300	490	55	9	0	145	3130	119	6	28	50
CHICKEN STIR FRY	710	120	13	2	0	90	4670	98	3	7	46
BEEF STIR FRY	920	330	36	14	0	110	4170	97	2	7	44
VEGETABLE STIR FRY	500	45	5	0.5	0	0	4070	97	2	7	11
SIDE OF PITA	90	--	--	--	--	--	190	18	1	1	3
GRILLED CHICKEN BREAST DINNER	650	120	13	2.5	0	135	4510	73	1	4	59
FRIED CHICKEN DINNER	1000	500	57	14	0	220	2000	65	7	3	57
SPAGHETTI WITH MEAT SAUCE	960	210	23	4	0	55	350	138	7	12	41
LEO'S CHICKEN AND VEGETABLE SPECIAL	670	80	9	1.5	0	90	4400	98	4	10	45
MACARONI AND CHEESE	590	260	28	11	0	55	1420	57	2	6	25
FRENCH FRIES	440	220	25	4	0	0	80	53	3	3	5
ITALIAN WRAP (WITH DRESSING)	1000	540	60	17	0	85	3220	64	3	12	38
TUNA WRAP	550	130	14	2.5	0	25	1090	57	3	4	39
TURKEY WRAP	780	360	40	7	0	90	2500	62	3	4	38
LEO'S CLUB WRAP	840	430	48	10	0	90	2380	61	3	4	35
CHICKEN CAESAR WRAP (WITH DRESSING)	1100	570	64	16	0	155	2970	72	5	6	55
MEDITERRANEAN WRAP (WITH TZADZIKI SAUCE)	1100	480	54	16	0	140	2880	86	17	6	69
GREEK CHICKEN WRAP (WITH DRESSING)	1120	560	62	17	0	120	3250	79	6	9	56
BURGERS (220 - 1110 Cals)	Total Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
PATTY MELT	770	310	34	15	0	160	1320	52	3	2	59
SALMON BURGER	360	100	11	2	0	60	650	34	2	6	25
TURKEY BURGER	510	160	18	3.5	0	80	650	34	2	6	32
CHEESEBURGER	580	240	27	11	0	145	600	30	2	5	47
LEO'S BURGER	700	300	33	13	0	195	370	30	2	5	62
LEO'S CHEESEBURGER	770	340	38	16	0	210	670	30	2	5	66
GARDEN BURGER	420	120	13	7	0	60	1430	31	5	22	44

SOUTHWEST BURGER	1000	510	57	26	0	265	750	38	2	5	79
MUSHROOM BURGER	760	340	38	16	0	215	710	30	3	3	67
CALIFORNIA BURGER	970	510	57	18	0	220	610	38	8	5	71
BLUE CHEESE BLT BURGER	1110	600	66	31	0	280	1760	32	2	7	87
GYRO BURGER	1110	640	95	40	0	340	2260	42	1	4	99
FRENCH FRIES	440	220	25	4	0	0	80	53	3	3	5
HAMBURGER (1/3 POUND)	510	200	22	8	0	130	300	30	2	5	43
SOUTHWEST BURGER (1/3 POUND)	820	410	46	22	0	200	680	37	2	5	60
MUSHROOM BURGER (1/3 POUND)	580	240	27	12	0	150	640	30	3	3	48
CALIFORNIA BURGER (1/3 POUND)	780	410	46	14	0	155	550	38	8	5	51
BLUE CHEESE BLT BURGER (1/3 POUND)	930	500	55	27	0	220	1700	32	2	7	68
GYRO BURGER (1/3 POUND)	920	540	83	36	0	275	2190	42	1	4	80
W/ BACON	220	160	18	7	0	50	820	0	0	0	14
IMPOSSIBLE BURGER PATTY	240	130	14	8	0	0	370	9	3	1	19
SANDWICHES (70 - 1040 Cals)	Total	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
GRILLED CHEESE SANDWICH	690	400	45	17	0	30	1180	55	3	5	17
GRILLED HAM SANDWICH	310	130	15	6	0	25	1020	31	2	5	16
W/ HAM	90	30	3	1.5	0	30	730	1	0	1	13
W/ BACON	220	160	18	7	0	50	820	0	0	0	14
EGG SALAD SANDWICH	480	250	27	9	0	20	1050	33	2	4	27
TUNA SALAD SANDWICH	460	200	23	6	0	25	800	31	2	4	35
EGG SANDWICH	500	290	32	11	0	390	670	30	2	4	19
W/ SAUSAGE PATTY	320	270	30	10	--	70	480	--	--	--	10
WESTERN SANDWICH	550	300	33	12	0	405	970	34	3	7	25
W/ CHEESE	70	45	5	3	0	15	300	0	0	0	4
TUNA MELT SANDWICH	730	310	34	13	0	60	1660	52	3	2	51
TURKEY MELT SANDWICH	560	220	25	11	0	60	1810	52	3	2	32
BLT SANDWICH	370	170	19	7	0	50	1140	32	3	5	21
FISH SANDWICH	550	130	14	3	0	90	1530	62	3	9	34
WESTERN SANDWICH	550	300	33	12	0	405	970	34	3	7	25
PHILLY STEAK SANDWICH	800	390	43	20	0	145	1270	55	6	8	52
GRILLED REUBEN SANDWICH	1040	610	68	25	0.5	90	2910	73	5	8	31
CORNEBEEF SANDWICH	600	230	25	12	0.5	65	1820	62	4	2	31
TURKEY SANDWICH	330	120	14	2	0	45	1180	35	3	5	20
CLUB SANDWICH	660	390	43	11	0	100	2070	39	4	7	35
LEO JR CLUB SANDWICH	440	200	23	6	0	70	1590	36	3	6	28
CHICKEN BREAST PLAIN (no bun)	290	90	11	2	0	120	810	4	1	1	47
CHICKEN BREAST SANDWICH	500	110	12	2	0	120	1240	49	4	4	54
CHICKEN SANDWICH	740	400	46	10	0	110	1400	53	6	4	34
BUFFALO CHICKEN SANDWICH	600	170	19	5	0	135	2870	52	4	4	58
SUPER CLUB SANDWICH	870	500	55	18	0	155	3260	40	4	8	53
FRENCH FRIES	440	220	25	4	0	0	80	53	3	3	5
CINNAMON SWIRL SANDWICH	830	560	62	22	0	485	1230	28	2	8	31
HEALTHY ALTERNATIVES (90 - 1540 Cals)	Total	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
GARDEN BURGER (NO BUN)	420	120	13	7	0	60	1430	31	5	22	44
COTTAGE CHEESE AND PEACHES	290	80	9	6	0	60	830	21	0	21	28
TUNA PLATTER	520	170	19	8	0	85	1200	23	0	21	57
2 HARD BOILED EGGS	410	150	17	9	0	390	950	22	0	22	40
DAILY VEGETABLES	150	10	1	0	0	0	140	29	11	10	9
MEDITERRANEAN SALAD (SMALL, NO DRESSING)	500	220	25	11	0	60	2230	38	11	12	34
MEDITERRANEAN SALAD (MEDIUM, NO DRESSING)	730	330	36	17	0	90	3300	54	16	18	50
LEO'S SPINACH GREEK SALAD (SMALL, NO DRESSING)	580	250	27	16	0	90	3130	46	14	18	45
LEO'S SPINACH GREEK SALAD (MEDIUM, NO DRESSING)	800	330	37	21	0	120	4300	66	20	27	62
MICHIGAN SALAD (SMALL, NO DRESSING)	1020	510	57	15	0	60	1000	88	12	60	41
MICHIGAN SALAD (MEDIUM, NO DRESSING)	1540	770	85	23	0	90	1500	135	18	92	61
GYRO MEAT	180	180	44	18	0	90	850	10	0	0	21
CHICKEN BREAST	210	70	8	1.5	0	90	600	1	0	0	35
QUINOA GREEK BOWL	690	190	22	10	0	60	2770	85	10	15	35
GREEK DRESSING (3 OUNCES)	400	360	40	7	--	0	240	11	0	3	0
LITE GREEK DRESSING (3 OUNCES)	90	60	7	1.5	0	15	310	6	0	3	0
RASPBERRY VINAIGRETTE DRESSING (3 OUNCES)	340	310	34	4.5	--	--	260	14	--	14	--
KEN'S ITALIAN DRESSING (3 OUNCES)	340	310	34	6	0	0	770	6	0	6	0
CHILDREN'S MENU (50 - 910 Cals)	Total	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
FRENCH TOAST (FULL ORDER)	350	40	4.5	2	0	10	710	58	3	11	20
PANCAKES (FULL ORDER)	670	130	15	4	0	40	2310	121	4	25	21
TWO EGGS ANY STYLE	160	80	9	2	0	390	135	0	0	0	13
WHITE TOAST	240	110	12	4.5	0	0	430	30	2	4	6
WHEAT TOAST	240	110	12	4.5	0	0	410	30	4	6	6
CONCORD GRAPE JELLY (1 TABLESPOON)	50	0	0	0	0	0	5	13	--	12	0
THICK-CUT APPLEWOOD BACON (2 SLICES)	110	80	9	3.5	0	25	410	0	0	0	7
SAUSAGE LINKS	140	100	11	4	--	25	430	1	--	1	10
KID'S BURGER (1/4 POUND) WITH FRIES	620	250	28	8	0	100	135	52	2	4	35
KID'S CHEESEBURGER (1/4 POUND) WITH FRIES	690	300	33	11	0	115	430	52	2	4	39
HOT DOG AND FRIES	440	250	28	8	0	30	700	35	1	3	10
KID'S SPAGHETTI	480	100	11	2	0	30	180	69	4	6	21
GRILLED CHEESE	690	400	45	17	0	30	1180	55	3	5	17
CHICKEN NUGGETS (6 PIECES)	510	270	31	5	0	40	790	42	2	1	19
FISH AND CHIPS (2 PIECE)	910	370	42	7	0	105	2320	69	3	25	33
MACARONI AND CHEESE (HALF ORDER)	290	130	14	6	0	30	710	28	1	3	12
CHICKEN FINGERS (3 PIECE)	510	260	30	5	0	40	800	42	2	1	18
BREAKFAST SPECIALS (50 - 1000 Cals)	Total	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
RYE TOAST	360	120	13	4.5	0	0	710	48	2	0	12
WHEAT TOAST	240	110	12	4.5	0	0	410	30	4	6	6
WHITE TOAST	240	110	12	4.5	0	0	430	30	2	4	6

CONCORD GRAPE JELLY (1 TABLESPOON)	50	0	0	0	0	0	5	13	--	12	0
TWO EGGS ANY STYLE	160	80	9	2	0	390	135	0	0	0	13
W/ BACON	220	160	18	7	0	50	820	0	0	0	14
W/ HAM	90	30	3	1.5	0	30	730	1	0	1	13
W/ SAUSAGE LINK	280	200	22	8	--	50	860	2	--	2	20
W/ SAUSAGE PATTY	320	270	30	10	--	70	480	--	--	--	10
FULL ORDER PANCAKES	670	130	15	4	0	40	2310	121	4	25	21
FULL FRENCH TOAST	350	40	4.5	2	0	10	710	58	3	11	20
#2 COMBO	520	320	37	7	0	390	160	26	2	0	17
#4 COMBO	500	280	31	12	0	245	1170	28	1	4	20
#5 COMBO	1000	570	63	24	0	490	2330	56	2	8	39
EGG WHITES (6 OUNCES)	80	--	--	--	--	--	280	--	--	--	18
EGG BEATERS (6 OUNCES)	90	--	--	--	--	--	310	3	--	--	17
AVOCADO TOAST	680	470	52	13	0	0	590	51	15	5	10
EGG SPECIALS (50 - 1020 Cals)	Total Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
TWO EGGS ANY STYLE	160	80	9	2	0	390	135	0	0	0	13
SIDE OF HASHBROWNS	360	240	28	5	0	0	30	26	2	0	4
W/ BACON	220	160	18	7	0	50	820	0	0	0	14
W/ HAM	90	30	3	1.5	0	30	730	1	0	1	13
W/ SAUSAGE LINK	280	200	22	8	--	50	860	2	--	2	20
W/ SAUSAGE PATTY	320	270	30	10	--	70	480	--	--	--	10
SIDE OF CORNED BEEF HASH	400	230	26	11	1.5	55	1290	26	4	3	17
TWO EGGS ANY STYLE & TWO PANCAKES	600	170	19	5	0	420	1670	81	3	17	27
TWO EGGS ANY STYLE & HALF ORDER BISCUITS & GRAVY	550	310	34	10	0	425	1240	33	1	4	22
WHITE TOAST	240	110	12	4.5	0	0	430	30	2	4	6
WHEAT TOAST	240	110	12	4.5	0	0	410	30	4	6	6
RYE TOAST	360	120	13	4.5	0	0	710	48	2	0	12
CONCORD GRAPE JELLY (1 TABLESPOON)	50	0	0	0	0	0	5	13	--	12	0
THREE EGGS ANY STYLE	240	120	13	3.5	0	590	200	0	0	0	20
STEAK AND EGGS	1020	640	73	21	0	700	340	26	2	0	57
TWO EGGS ANY STYLE & CINNAMON SWIRL FRENCH TOAST	630	230	26	8	0	425	720	63	4	21	33
OMELETTES (5 - 740 Cals)	Total Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
CHILI OMELETTE WITH CHEESE	510	290	33	15	0	630	3460	9	2	2	35
CORNED BEEF AND SWISS OMELETTE	530	310	34	15	0	650	3630	8	1	1	38
COUNTRY OMELETTE	600	370	41	15	0	655	3800	2	0	1	41
FARMERS OMELETTE	740	430	49	18	0	685	4370	10	1	3	50
GREEK OMELETTE	350	180	20	7	0	610	3090	7	1	3	29
GYRO OMELETTE	310	180	27	9	0	615	2790	9	1	3	27
MEXICAN OMELETTE	530	300	33	15	0	630	3460	13	3	4	35
PLAIN OMELETTE	240	120	13	3.5	0	590	2530	0	0	0	20
SPINACH AND FETA OMELETTE	360	180	20	7	0	610	3150	9	2	3	30
SPINACH OMELETTE	270	120	14	3.5	0	590	2590	8	2	3	22
VEGETARIAN OMELETTE	270	120	14	3.5	0	590	2650	9	3	4	22
WESTERN OMELETTE	310	140	15	4	0	605	2970	7	1	4	29
W/ BACON	220	160	18	7	0	50	820	0	0	0	14
W/ BROCCOLI	25	5	0	0	0	0	25	4	2	1	3
W/ AMERICAN CHEESE	310	200	22	13	0	65	1340	0	0	0	18
W/ HAM	90	30	3	1.5	0	30	730	1	0	1	13
W/ MUSHROOM	5	0	0	0	0	0	230	3	2	0	1
W/ SWISS CHEESE	280	190	21	14	--	70	1170	2	0	1	21
SKILLET (520 - 1310 Cals)	Total Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
3 MEAT AND CHEESE SKILLET	1310	780	88	31	0	585	3250	48	5	1	68
SPINACH FETA SKILLET	680	300	34	11	0	430	1310	58	8	4	34
VEGETARIAN SKILLET	520	200	23	5	0	390	540	57	10	5	21
WESTERN SKILLET	620	240	27	6	0	430	1190	56	8	7	35
GRIDDLE GREATS (90 - 1530 Cals)	Total Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
FRENCH TOAST (FULL ORDER)	350	40	4.5	2	0	10	710	58	3	11	20
FRENCH TOAST (HALF ORDER)	240	25	3	1	0	10	470	38	2	7	14
ORDER PANCAKES (FULL ORDER)	670	130	15	4	0	40	2310	121	4	25	21
ORDER PANCAKES (HALF ORDER)	450	90	10	3	0	30	1540	81	3	17	14
STRAWBERRY PANCAKES	710	130	15	4	0	40	2310	131	7	31	22
BLUEBERRY PANCAKES	850	130	15	4	0	40	2500	167	5	67	21
WALNUT PANCAKES	1530	870	97	11	0	40	2310	139	13	30	39
BANANA PANCAKES	780	140	15	4.5	0	40	2310	150	7	41	22
CHOCOLATE CHIP PANCAKES	1350	470	52	28	0	70	2410	197	9	91	31
W/ HAM	90	30	3	1.5	0	30	730	1	0	1	13
W/ BACON	220	160	18	7	0	50	820	0	0	0	14
W/ SAUSAGE LINK	280	200	22	8	--	50	860	2	--	2	20
W/ SAUSAGE PATTY	320	270	30	10	--	70	480	--	--	--	10
CINNAMON SWIRL FRENCH TOAST (FULL ORDER)	470	150	17	6	0	30	590	63	4	21	19
BREAKFAST SIDES (80 - 850 Cals)	Total Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
WHEAT TOAST	240	110	12	4.5	0	0	410	30	4	6	6
WHITE TOAST	240	110	12	4.5	0	0	430	30	2	4	6
RYE TOAST	360	120	13	4.5	0	0	710	48	2	0	12
ENGLISH MUFFIN SIDE	230	110	12	4.5	0	0	410	24	1	1	5
APPLE DANISH	300	130	14	5	0	10	220	40	1	19	4
CHEESE DANISH	320	140	16	6	0	10	250	40	1	18	4
STRAWBERRY DANISH	310	130	14	5	0	10	230	41	1	21	4
HASHBROWNS SIDE	360	240	28	5	0	0	30	26	2	0	4
SIDE OF GRITS	790	25	3	0	0	0	350	181	6	0	17
PLAIN GREEK YOGURT	190	130	14	9	0.5	50	80	6	0	2	11
PLAIN BAGEL	140	5	0	0	0	0	300	29	1	2	5

BAGEL W/ CREAM CHEESE	240	90	10	6	0	30	390	31	1	3	7
SIDE OF OATMEAL	850	130	14	3	--	0	0	159	23	0	28
BISCUITS AND GRAVY (FULL ORDER)	710	390	43	13	0	55	2000	63	2	8	15
BISCUITS AND GRAVY (HALF ORDER)	400	230	25	8	0	35	1110	33	1	4	9
SIDE OF CORNED BEEF HASH	400	230	26	11	1.5	55	1290	26	4	3	17
W/ BACON	220	160	18	7	0	50	820	0	0	0	14
W/ HAM	90	30	3	1.5	0	30	730	1	0	1	13
W/ SAUSAGE LINK	280	200	22	8	--	50	860	2	--	2	20
W/ SAUSAGE PATTY	320	270	30	10	--	70	480	--	--	--	10
ALL-BRAN CEREAL	80	15	1.5	0	0	0	80	23	9	5	4
RICE PILAF	220	30	3.5	0.5	0	0	970	42	2	2	6
AVOCADO TOAST	680	470	52	13	0	0	590	51	15	5	10
DESSERTS (25 - 1990 Cals)	Total	Calories	Total Fat (g)	Saturated	Trans Fat	Cholesterol	Sodium	Total	Fiber (g)	Sugars (g)	Protein (g)
	Calories	from Fat		Fat (g)	(g)	(mg)	(mg)	Carbohydrates			
								(g)			
BAKLAVA	260	100	11	1	0	0	125	34	1	20	4
DUTCH APPLE PIE	400	140	16	3	--	0	270	61	2	30	3
ICE CREAM (1 SCOOP)	470	220	25	15	--	100	180	54	2	48	8
ICE CREAM (2 SCOOP)	940	450	50	31	--	200	360	107	3	96	16
RICE PUDDING (CUP)	180	45	5	3	0	20	65	30	0	26	5
RICE PUDDING (BOWL)	240	60	6	4	0	30	90	40	0	35	7
SUNDAE (SMALL)	610	220	25	15	0	100	200	88	3	77	9
SUNDAE (LARGE)	1160	450	50	31	0	200	400	159	5	140	18
W/ STRAWBERRY	25	0	0	0	0	0	0	7	2	4	1
W/ BLUEBERRY	120	0	0	0	0	0	130	30	1	28	0
W/ HOT FUDGE	270	100	11	6	--	30	135	46	--	39	3
W/ PINEAPPLE SAUCE	230	0	0	0	0	0	0	57	0	43	0
CHEESECAKE (1 SLICE)	360	10	1	15	1	120	270	25	0	23	7
DIANNE'S CARROT CAKE (1 SLICE)	700	360	40	15	1	45	470	80	2	60	7
APPLE LATTICE PIE (1 SLICE)	300	120	13	6	0	0	300	44	1	27	2
CHERRY LATTICE PIE (1 SLICE)	330	0	0	6	0	0	310	50	1	27	3
CHOCOLATE CREAM PIE (1 SLICE)	410	200	22	15	0	0	310	50	2	33	2
COCONUT CREAM PIE (1 SLICE)	410	200	22	16	0	0	280	50	1	33	2
LEMON MERINGUE PIE (1 SLICE)	290	70	8	3	0	0	270	53	1	37	2
BANANA SPLIT	1990	880	98	61	1	335	500	257	10	216	31
FONDERS CREAM PUFF	800	410	46	30	0	145	340	88	2	76	10
BROWNIE SUNDAE	1820	800	89	52	0	290	610	237	8	202	24
W/ CHOCOLATE SAUCE	220	0	0	0	0	--	35	52	2	44	2
BEVERAGES (0 - 1560 Cals)	Total	Calories	Total Fat (g)	Saturated	Trans Fat	Cholesterol	Sodium	Total	Fiber (g)	Sugars (g)	Protein (g)
	Calories	from Fat		Fat (g)	(g)	(mg)	(mg)	Carbohydrates			
								(g)			
LEO'S COFFEE (BLACK, REGULAR OR DECAF)	0	0	0	0	0	0	0	0	0	0	0
HOT CHOCOLATE	120	20	2	2	0	0	160	23	1	18	1
HOT OR ICED TEA (UNSWEETENED, REGULAR OR DECAF)	0	0	0	0	0	0	0	0	0	0	0
APPLE JUICE (1 BOTTLE)	210	0	0	0	0	0	40	52	0	49	0
LEMONADE (1 BOX)	80	0	0	0	0	0	15	22	0	21	0
ROOT BEER FLOAT	1090	450	50	31	0	200	410	146	3	135	16
BOSTON COOLER	1060	450	50	31	0	200	390	139	3	128	16
MILKSHAKE	1560	750	83	51	--	335	650	172	5	155	32
COKE (12 OUNCES)	140	0	0	0	0	0	45	39	0	39	0
COKE (16 OUNCES)	190	0	0	0	0	0	60	52	0	52	0
COKE (24 OUNCES)	280	0	0	0	0	0	90	78	0	78	0
DIET COKE (12 OUNCES)	0	0	0	0	0	0	40	0	0	0	0
DIET COKE (16 OUNCES)	0	0	0	0	0	0	55	0	0	0	0
DIET COKE (24 OUNCES)	0	0	0	0	0	0	80	0	0	0	0
SPRITE (12 OUNCES)	160	0	0	0	0	0	35	40	0	36	0
SPRITE (16 OUNCES)	210	0	0	0	0	0	50	54	0	47	0
SPRITE (24 OUNCES)	320	0	0	0	0	0	70	80	0	71	0
ROOT BEER (12 OUNCES)	160	0	0	0	0	0	70	45	0	45	0
ROOT BEER (16 OUNCES)	210	0	0	0	0	0	95	60	0	60	0
ROOT BEER (24 OUNCES)	320	0	0	0	0	0	140	90	0	90	0
FANTA (12 OUNCES)	160	0	0	0	0	0	60	45	0	44	0
FANTA (16 OUNCES)	210	0	0	0	0	0	80	60	0	59	0
FANTA (24 OUNCES)	320	0	0	0	0	0	120	90	0	88	0
APPLE JUICE (12 OUNCES)	150	0	0	0	0	0	30	39	0	35	0
APPLE JUICE (16 OUNCES)	200	0	0	0	0	0	35	51	0	47	0
GRAPEFRUIT JUICE (8 OUNCES)	90	--	--	--	--	--	10	24	--	17	--
GRAPEFRUIT JUICE (16 OUNCES)	180	--	--	--	--	--	20	48	--	34	--
WHOLE VITAMIN D MILK (8 OUNCES)	150	70	8	5	--	35	110	11	0	11	8
WHOLE VITAMIN D MILK (12 OUNCES)	210	100	11	7	--	50	160	16	0	16	11
WHOLE VITAMIN D MILK (16 OUNCES)	280	140	15	9	--	65	210	21	0	21	15
LOWFAT CHOCOLATE MILK (8 OUNCES)	180	25	2.5	1.5	0	15	180	30	0	26	8
LOWFAT CHOCOLATE MILK (12 OUNCES)	250	30	3.5	2	0	20	260	43	0	37	11
LOWFAT CHOCOLATE MILK (16 OUNCES)	330	45	4.5	3	0	30	340	57	0	49	15

The nutritional information provided is based on computerized database analysis and vendor product data. The data represents an estimate of nutrient content. There may be variations in nutritional content across servings, based on variations in overall size and quantities of ingredients, and based upon special ordering. Add sides, breads and condiments to your menu choice for total nutrition information.